

Launch of the Myoreflex Therapy Concept in South Africa

Myoreflex Therapy Concept & Traditional Healing Presentations, Courses & Treatments

- Learn a pioneer method for pain relief and healing to help your family, community and yourself
- Get treatment with experts

A new approach to Health Development

See: www.woodycape.co.za (Myoreflex Therapy Concept)
<http://www.myoreflex.net/en/site/myoreflex-basics.html>
<http://cowilling.org/presentations-documentation/>

A team of Myoreflex therapists from Switzerland, Germany and Denmark will offer presentations and workshops - in exchange with the local traditional healers and in collaboration with the Traditional Leaders of the Eastern Cape.

7 - 8 July **Presentation and demonstrations** at the National Arts Festival in Grahamstown

10 - 14 July **Training in Myoreflex-Therapy** and sharing various healing arts, including various **African traditional methodologies** at the Woody Cape.

Preconditions

Understanding English & basic knowledge of anatomy is requested – e.g. skeleton, muscles, organs you have no contagious disease (transferable through coughing, sneezing or touch) or an extreme health condition.

Registration

Download from website www.woodycape.co.za (registration form, cost structure)

To secure your place at the training or for treatment, please register as soon as possible as the number of participants is limited.

Payments are due as soon as your attendance is confirmed.

Venue & Accommodation

The Woody Cape Nature Lodge in the Eastern Cape www.woodycape.co.za

(In case the Lodge is fully booked, there is alternative accommodation in the vicinity)

Please check online about chalets, bungalows, dormitories or camping and mark your choice on the registration.

Food

The course fee entails full board: breakfast, lunch, dinner and 2 tea breaks.

The food will comply with the health standards of the Myoreflex Therapy Concept.

Options

Nearby Kariega Game Reserve, Addo Elephant Park, sports opportunities (riding, hiking, canoeing) and swimming in the pool. Woody Cape is a secluded place in the midst of most amazing nature – next to the second biggest sand beach of Africa.

Indemnity

On arrival indemnity waivers will have to be signed re venue, course and treatment.

Add more:

Cultural Heritage Trail Event – as part of the ‘100 Years Nelson Mandela’ Celebrations

16 - 18 July We are humbled by the special invitation of the Traditional Leadership of the Mnqesha Great Place to participate in the celebrations and to contribute to the social agenda through the provision of Myoreflex treatment (by our team) to the local communities.

If you would like to participate at the events, see www.woodycape.co.za (Heritage Trail)

If you have any questions please contact on: humanrc@iafrica.com +27 43 643 39 47

Myoreflex Therapy Concept

A holistic approach to sustainable Health Development

Myoreflex therapy was developed by Drs Kurt Mosetter and his brother Reiner Mosetter from a multiplicity of different knowledge bases and sciences, based on their applied research with the experiences and insights of:

- the traditional knowledge of old cultures (acupuncture, dietetics, herbal medicine) as well as
- the results of modern science (physics, biomechanics, statics, neuroscience) and
- current medical knowledge

They created a new specific and very effective approach of therapy:

Myoreflex Therapy - a genuine form of manual therapy beneficent for people suffering from **pain, stress and trauma**. See: <http://www.myoreflex.net/en/site/myoreflex-basics.html>

The **Myoreflex Therapy Concept** contains the following elements:

- Myoreflex Regulation Therapy
- Nutrition for Health
- Neuro-stimulating Therapy
- Exercises, especially designed for flexibility, power and pain relief
- Herbal medicine
- Acupuncture

Myoreflex Regulation Therapy and other effective tools help ...

- support handicapped children
- people suffering from injuries and needing rehabilitation
- people with health issues
(pain, trauma, diabetes, high blood pressure, sleep disturbances, heart, Tinnitus, spine & joint issues, Parkinson's, Multiple Sclerosis, Asthma, heart arrhythmia ...)

Parents can give support to their children, siblings to each other, finally cured people, who experienced recovery, can give assistance to other people who need help.

Myoreflex Therapy has proven to be a highly effective therapeutic measure for treating injuries in the field of **professional sports** such as soccer, hockey, tennis and various others. Dr. Mosetter has been supporting several individual professional athletes as well as internationally renowned sports teams such as FC Bayern, the US soccer team (2011 – 2016) etc.

Dr. Mosetter personally teaches classes about his theoretical and practical concepts of **Myoreflex Therapy** and **Neuromyology** in Germany and Switzerland.

He is engaged in research about **physiological and biophysical molecular stress, neuro-biochemistry, and the specifics of performance metabolism**.

By launching the Myoreflex Therapy Concept in the Eastern Cape July 2018 – the year of the Centenary of Madiba – the Team Kurt Mosetter intends to not only honour the struggle of the people, who engage(d) in sustainable empowerment of the people in South Africa and other parts of Africa, but also to enable Africa to walk a pioneer way with Health Development.

Special thanks and recognition go to Rommel Roberts, South Africa, who makes the launch of that pioneer method in South Africa possible by organising the training at Woody Cape.